

Exhibit M – Plan 3 Publications

The grid below represents the various materials that are prepared, printed and distributed by the current record keeper for Plan 3.

Name	Description	Specs	Quantity (2013)
Getting to Know Your Plan	Provides Plan 3 overview and highlights retirement investing in a defined contribution plan and includes investment portfolio construction (asset allocation) and risk/return workbook pages, investment options overview, and contribution rate information.	4 pages; 4-color; available in print and online	4,500
Plan Choice Booklet	Provides members with all the information they need to make a plan choice.	42 pages; 4-color; available in print and online	20,000
Plan 3 Investment Guide	A summary investment guide that also serves as a prospectus-like document for a Plan's investment products.	16 pages; 4-color; available in print and online	93
Plan 3 Request for Payment	A distribution options brochure.	25 pages; 4-color; available in print and online	2,100
Plan 3 Annuity Guide	An annuity guide.	12 pages; 4-color; available in print and online	128
A Guide to Your Quarterly Statement	A flyer on how to read statements to be mailed with the first quarterly statement a member receives.	2 pages; 4-color; available online	Online only
Plan 3 Report	A Plan 3 quarterly newsletter that highlights current plan activities.	2 pages; 4-color; available in print and online	Self: 168,000 WSIB: 446,100