# Teachers’ Retirement System (TRS) — Plan 3

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## Glossary of terms

## Index
TRS Plan 3 has two parts — a defined benefit part and a defined contribution part.
Your employer contributes to your defined benefit part. You contribute to the defined contribution part.

When you meet plan requirements and retire, you are guaranteed a monthly benefit for the rest of your life from the defined benefit part.

Your monthly benefit will be based on your earned service credit and compensation while a member of TRS Plan 3.
This formula will be used to calculate your monthly benefit:

$$1\% \times \text{service credit years} \times \text{Average Final Compensation} = \text{monthly benefit}$$

The value of your defined contribution part will consist of your contributions and their investment returns.

Your employer contributes a percentage based on your salary or wages to help fund the defined benefit part of TRS Plan 3.
The Pension Funding Council adopts contribution rates and periodically adjusts them to reflect the overall cost of the plan. The Legislature has the final decision on contribution rates.

You are vested in the plan when you meet one of the following service requirements:
- 10 service credit years
- Five years of service credit with at least 12 of those months being earned after age 44
- Five service credit years earned in TRS Plan 2 before June 1, 2003

Once vested, you are eligible to retire with a full benefit at age 65.
Retirement before 65 is considered an early retirement. If you have at least 10 years of service credit and are 55 or older, you can choose to retire early, but your benefit might be reduced. There is less of a reduction if you have 30 or more years of service credit.

If the unexpected happens — disability or death before retirement — a benefit might be available.
If you become totally incapacitated and leave your job as a result, you might be eligible for a disability retirement benefit.

If you die before you retire, your spouse, registered domestic partner or minor child, if applicable, could be eligible to receive a benefit based on your years of service credit.

Log in to or sign up for online access to your retirement account.
Track your contributions and service credit. Read the latest newsletter. Update your beneficiary information or email address. Use your individual data to estimate your monthly benefit. And when you’re ready, apply for retirement. You can get started at drs.wa.gov/oaa.
How to contact the Department of Retirement Systems

The Washington State Department of Retirement Systems (DRS) administers the Teachers’ Retirement System and the Deferred Compensation Program (DCP). DRS maintains your defined benefit component (the part your employer contributes to). The DRS Plan 3 record keeper maintains the investment account you contribute to.

To contact DRS

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<tr>
<th>Call</th>
<th>Write</th>
<th>Email</th>
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<tbody>
<tr>
<td>360.664.7000</td>
<td>Department of Retirement Systems</td>
<td>General inquiries:</td>
</tr>
<tr>
<td>800.547.6657</td>
<td>PO Box 48380</td>
<td><a href="mailto:drs.contact@drs.wa.gov">drs.contact@drs.wa.gov</a></td>
</tr>
<tr>
<td>TTY 711</td>
<td>Olympia, WA 98504</td>
<td>Send a secure message</td>
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<tr>
<td></td>
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<td>through your online account:</td>
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<td>drs.wa.gov/oaas</td>
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<table>
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<tr>
<th>Visit</th>
<th>Hours</th>
<th>Website</th>
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<tr>
<td>6835 Capitol Blv. SE Tumwater, WA 98501</td>
<td>Monday - Friday 8 am to 5 pm Pacific Time</td>
<td>drs.wa.gov</td>
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<td>You can also send email</td>
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<td>through the Contact Us</td>
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<td></td>
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<td>page on the DRS website.</td>
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Plan 3 investment account record keeper

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<tr>
<th>Call</th>
<th>Contact the DRS record keeper, Voya Financial for assistance with your investment account. You can also log into your investment account and chat live with an associate.</th>
</tr>
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<tr>
<td>888.327.5596</td>
<td>Visit drs.wa.gov/rk for more information.</td>
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<tr>
<td>TTY 711</td>
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<tr>
<td>Fax 844.449.2551</td>
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Privacy of your information

We are committed to protecting the privacy of your personal account information, including your Social Security number, which we use to track your account and submit required reports to the IRS. We will not disclose your information to anyone unless we are required to do so by law. If you have insurance coverage through the Washington State Health Care Authority (PEBB or SEBB for example), we could share your information with HCA to better serve you.

Handbook summary

This handbook is not a complete description of your retirement benefit. State retirement laws govern your benefit. If any conflicts exist between the information shown in this handbook and what is contained in current law, the law governs.
How your plan works

Overview
TRS Plan 3 is a 401(a) defined benefit plan with a defined contribution component. When you retire, you will receive a monthly benefit for the rest of your life that is based on your earned service credit and your Average Final Compensation (AFC). Even though the contributions your employer makes help to fund the plan overall, they don’t factor into the monthly defined benefit you will receive.

For your defined contribution portion, you choose how your contributions will be invested. The Washington State Investment Board provides a range of options. The amount of your defined contribution account depends on how much you contribute and the performance of your investments.

Membership in TRS Plan 3
In general, you are automatically a member of TRS if you are hired into an eligible teaching position. A TRS-eligible teaching position is normally compensated for at least 70 hours of work per month for at least five months between September and August.

A teacher is anyone who is certified to teach and is employed by a public school as an instructor, administrator or supervisor. This includes:

- State, educational service district and school district superintendents and their assistants
- School district and educational service district employees who the Washington Superintendent of Public Instruction certificated
- Any full-time school doctor a public school employs to provide instructional or educational services

Enrollment in your specific TRS plan (Plan 2 or Plan 3) depends on additional conditions, including your hire date and the plan you chose at the time you first went to work for a DRS-covered employer.

If you are a substitute teacher, your membership in TRS is optional. Find out more in the TRS Plans 2 & 3 Substitute’s Guide.

Previous membership in another Washington state public service retirement system
Membership in another of Washington’s public service retirement systems (including the city retirement systems of Seattle, Tacoma or Spokane) can affect your:

- Eligibility for TRS Plan 3 membership
- Eligibility to retire
- Benefit calculation

If you have ever been a member in another of Washington’s public service plans, it is important that you contact us to confirm your eligibility and discuss your retirement options.

Your employer’s contributions to the plan
Contributions your employer makes fund your future defined benefit. They are based on a percentage of your salary or wages. They aren’t matching funds, and you cannot withdraw them if you leave public service.

Your contributions to the plan
Your contributions and their investment earnings fund your defined contribution benefit. You are required to contribute a percentage of your salary or wages to your retirement plan.

When you retire, your benefit could be limited if it exceeds the federally allowed amount. It can be adjusted annually for inflation (see the current IRS limits). Members hired before Jan. 1, 1990, have different limits. When we process your benefit estimate, we will notify you if your benefit exceeds the limit.

Few retirement system members should be impacted by this limit. If you think it could impact you, please call us for additional information. You choose how much you contribute from six rate options.

You choose how much you contribute from six rate options.
## Member contribution rate options

<table>
<thead>
<tr>
<th>Option</th>
<th>Description</th>
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<tbody>
<tr>
<td>Option A</td>
<td>5% all ages</td>
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</table>
| Option B | 5% up to age 35  
6% ages 35 through 44  
7.5% ages 45 and older |
| Option C | 6% up to age 35  
7.5% ages 35 through 44  
8.5% ages 45 and older |
| Option D | 7% all ages                                      |
| Option E | 10% all ages                                     |
| Option F | 15% all ages                                     |

If you don’t choose a contribution rate, your withholding will default to Option A.

Once your rate is set, you can change it only when you change TRS-covered employers. Changing means working for a different employer, not another division or department within your current workplace.

### Your investment options

You have two investment program options: the Self-Directed Investment Program and the Washington State Investment Program.

If you choose the Self-Directed Investment Program, you can pick from two approaches: One-Step Investing and Build and Monitor.

The One-Step Investing approach consists of a series of Retirement Strategy Funds (RSFs), also known as “target date” funds. Each RSF offers a diversified asset mix that automatically rebalances over time, adjusting as you move toward a target date for retirement or withdrawal of funds.

The Retirement Strategy Funds are identified by a target retirement year, spaced in five-year increments. (See the full list under Retirement Strategy Funds on Plan 3 Investments.) To select the fund that’s right for you, take the year you were born and add it to the age you expect to retire or withdraw your funds. The sum is your target date.

With Build and Monitor, you choose your own mix of individual funds and decide how much to invest in each one. You choose from a menu of professionally managed funds and are responsible for monitoring your investments and making changes.

### Build and Monitor funds

- Emerging Market Equity Index
- U.S. Small Cap Value Equity Index
- Global Equity Index
- U.S. Large Cap Equity Index
- Socially Responsible Balanced
- Washington State Bond Fund
- Short-Term Investment Fund

If you choose the Washington State Investment Program, the Washington State Investment Board (WSIB) will invest your contributions in its Total Allocation Portfolio (TAP). A monthly valued fund, TAP is a diversified portfolio of U.S. and international stocks, bonds, private equity and real estate investments.

If you don’t choose an investment program, your contributions will default into the Self-Directed Investment Program. They will be invested in the Retirement Strategy Fund that assumes you’ll retire at age 65.

To find out more about your investment options, visit the Plan 3 Investments webpage.

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### How it works: One-Step Investing

1993 (birth year) + 65 (retirement age) = 2058 (target date)

Once you have a target date, pick the fund with the year closest to your target. In this example, the selection would be the 2060 Retirement Strategy Fund.
Earning service credit

**Service credit** is based on the number of hours you work, which your employer reports to DRS. When you retire, your service credit is a part of your monthly benefit calculation.

No more than one month of service credit can be earned each calendar month, even if more than one employer is reporting hours you work.

Review the chart at the bottom of the page to determine how much service credit you earn. A school year spans Sept. 1 through Aug. 31.

If one or both of the following apply to you, you need to know additional service credit information:

- You’re an employee who has previous membership in another Washington state public retirement system:
  - If you have earned service credit in another of the state’s public retirement systems, you might be able to combine your TRS service credit with credit you earned in the other system(s) to become eligible for retirement. For more information, read the Dual Membership webpage.

- You’re an employee of the Washington State School for the Blind, the Center for Childhood Deafness and Hearing Loss, or an institution of higher learning:
  - If you begin working in September in an eligible position and earn compensation during at least nine months of the school year, you can receive 12 service credit months for the school year if you are compensated for at least 810 hours of employment. Six service credit months can be awarded if you start in September and are compensated for at least 630 hours but fewer than 810 hours during the school year.
  - If you earn compensation in fewer than nine months of the school year, you will receive service credit based on the number of hours you are compensated for each month.

### Claiming credit for substitute teaching

If you work as a substitute teacher, your employer reports your hours and earnings to DRS. However, contributions aren’t deducted from your paycheck. If you meet eligibility requirements and would like to receive credit for your service, you must enroll with DRS after Aug. 31 of each school year and pay the appropriate contributions.

Find out more in the TRS Plans 2 & 3 Substitute’s Guide.

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**Earning service credit**

<table>
<thead>
<tr>
<th>You work</th>
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<tbody>
<tr>
<td>810 hours or more, begin working in September and work during at least nine months of the school year</td>
<td>Between 630 and 809 hours, begin working in September, and work during at least nine months of the school year</td>
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<tr>
<td>90 or more hours in a month</td>
<td>At least 70 hours but fewer than 90 hours</td>
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<table>
<thead>
<tr>
<th>You earn</th>
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<tr>
<td>12 service credit months per school year</td>
<td>Six service credit months (half a service credit for each month) per school year</td>
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<tr>
<td>Half a service credit month per month</td>
<td>One-quarter service credit month for each month</td>
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Designating your beneficiary
The **beneficiary** information you give DRS tells us the person(s) you want to receive your remaining benefit, if any, after your death. You can submit or update your beneficiary information at any time before retirement in your [online retirement account](#). Sign up for or log in to your account. Then select **My Account > View/Edit** (beside **Beneficiary**). You have the option of submitting a paper **Beneficiary Designation** form instead, if you prefer.

If you don’t submit this information, any benefits due will be paid to your surviving spouse or minor child. If you don’t have a surviving spouse or minor child, we will pay your estate.

Be sure to review your beneficiary designation periodically and update it in your online retirement account if you need to make a change. If you marry, divorce or have another significant change in your life, be sure to update your beneficiary designation because these life events might invalidate your previous choices.

State-registered **domestic partners**, according to RCW 26.60.010, have the same **survivor** and death benefits as married spouses. Contact the [Secretary of State’s Office](#) if you have questions about domestic partnerships.

**When you will be vested**
You are vested in the plan when you have:
- 10 service credit years
- Five years of service credit with at least 12 of those months being earned after age 44
- Five service credit years earned before July 1, 1996

If you leave TRS employment before you’re eligible to retire, you can leave your contributions in the plan. If you leave money in your defined contribution account, it will still be able to grow (subject to market conditions) while you retain control of your investment choices. If you decide to withdraw your contributions, you could reduce an important source of your retirement income.

**When you will be eligible to retire**
You are eligible to retire at age 65 if you are vested. Options to retire earlier are available (see “Early retirement” on page 13), but your benefit could be reduced to reflect that you will be receiving it over a longer period of time.

To retire early, you must be at least age 55 and have 10 or more years of service credit. Your early retirement benefit reduction will be smaller if you have 30 or more years of service credit.

**Two parts to your benefit**
Your benefit has two parts — a **defined benefit** part and a **defined contribution** part. Your employer contributes to your defined benefit part. You contribute to the defined contribution part.

**How your defined benefit will be calculated**
Your defined benefit is determined by your service credit years and compensation. No limit applies to the number of service credit years that can be included in your benefit calculation. When you retire, this formula will be used to calculate your benefit:

\[
1\% \times \text{service credit years} \times \text{AFC} = \text{monthly benefit}
\]

**Average Final Compensation** (AFC) is the average of your 60 consecutive highest paid service credit months. Any severance pay or lump sum payment for unused sick leave or vacation/annual leave isn’t included.

**Example**
**Using the formula**

If you retire at age 65 with 32 years of service credit and a monthly Average Final Compensation of $5,000, your monthly benefit is $1,600, calculated as follows:

\[
1\% \times 32 \times 5,000 = 1,600
\]
Planning for retirement

Even though retirement might seem far away, planning for it now is one of the best things you can do for yourself and your family. Your monthly benefit will be an important part of your income in retirement, but it is just a portion of what you will need.

How do you begin developing your personal plan for retirement? First, estimate how much money you will need. That can vary based on factors that include:
- The lifestyle you’ll want to lead when you retire
- Your health
- Whether you’ll carry any debt into retirement
- Your life expectancy

Next, estimate how much money you will receive from all sources, such as your defined contribution, Social Security, personal savings and other employer pension plans. When you compare this number with what you think you will need, you can adjust your savings plan accordingly.

Many tools can help you plan. Here are some on the DRS website:
- Live webinars are available to attend online. Topics include Plan 2, Plan 3, plan choice, the Deferred Compensation Program (DCP), distributions from Plan 3, investment basics and Social Security basics.
- Retirement seminars are available to attend in person. You can also watch seminars when it’s convenient for you on the DRS Retirement Seminars webpage. Topics include Plan 1, Plan 2, Plan 3, DCP, Social Security and health care options, and the Voluntary Employees’ Beneficiary Association (VEBA).
- The benefit estimator within your online account can calculate your monthly benefit based on a variety of scenarios (for example, different retirement dates) using your actual account data. If you haven’t already registered for this service, it takes just a few minutes to do so.

• The Deferred Compensation Program (DCP) is a special type of savings program that helps you invest for the retirement lifestyle you want to achieve. Unlike traditional savings accounts, DCP is tax-deferred. That means it lowers your taxable income while you are working and it delays payments of income on your investments until you withdraw your funds. Contributions are automatically deducted from your paycheck, so saving is easy. You can start with as little as $30 per month. You can also let your contributions grow with percentage deductions.

Be sure to revisit your plan periodically and adjust for any changes in your professional and personal life.

Milestones/life changes

Becoming vested

You have earned a right to a defined benefit when you have:
- 10 service credit years
- Five years of service credit with at least 12 of those months being earned after age 44
- Five service credit years earned in TRS Plan 2 before July 1, 1996

This is called being vested. It’s a significant milestone in your public service career.

Leaving public service

The defined benefit part of your plan is designed to provide you with a source of income throughout your retirement. You can’t withdraw the contributions your employer makes to this part of your plan.

If you have at least 20 years of service credit when you leave employment, your defined
benefit will increase by about 3% for each year you delay receiving it, up to age 65.

As a Plan 3 member, you can withdraw your contributions and investment earnings from your defined contribution account at any time after you leave TRS-covered employment. However, if you do, you could reduce an important source of your retirement income.

Withdrawing your contributions doesn’t affect the amount of service credit you’ve earned. That means that if you are vested in TRS Plan 3, you will still receive a monthly defined benefit once you retire.

There are tax implications to withdrawing your contributions, so you might want to contact the IRS or a tax advisor before making a decision. The Plan 3 Withdrawals webpage offers more detailed information. The IRS requires that you begin taking payment of your monthly benefit no later than age 72, unless you are still employed.

Be sure to keep us up to date on any changes to your name, address or beneficiary. It’s important that you keep your beneficiary choice current, because a divorce, marriage or other circumstance might invalidate it.

Returning to public service
If you leave your position, withdraw your contributions and later return to TRS work, you can restore your Plan 3 contributions at any time unless you waived your defined benefit.

A dual member, or someone who belongs to more than one retirement system, might be able to restore service credit earned in a retirement system other than TRS. Each time you become a dual member, you’ll have 24 months to restore service credit earned in a previous retirement system. It might still be possible to purchase service credit after the deadline has passed. However, the cost in that case is considerably higher.

To explore financial projections and comparisons of your estimated retirement benefits, try using the Plan Choice Calculator. See more in Plan 3 Recovery of Withdrawn or Optional Service Credit. You might find helpful information in Dual Membership as well.

Marriage or divorce
Marrying, divorcing or separating can affect your monthly benefit.

Court-ordered property division
A court-ordered property division could affect your benefit. As long as the order complies with applicable laws, we will pay a monthly benefit to your ex-spouse according to the division. The DRS publication How Can a Property Division Affect My Retirement Account? contains detailed information.

Updating your beneficiary
The beneficiary information you give DRS tells us the person(s) you want to receive your remaining benefit, if any, after your death. You can submit or update your beneficiary information at any time before retirement in your online retirement account.

Sign up for or log in to your account. Then select My Account > View/Edit (beside Beneficiary). You have the option of submitting a paper Beneficiary Designation form instead, if you prefer.

If you marry or divorce before you retire, you need to update your beneficiary information, even if your beneficiary remains the same. It’s important that you keep your beneficiary designation up to date.
If the unexpected happens

**Temporary leave from your job**
You might need to take a temporary leave from your job because of:
- Military service
- An authorized leave of absence
- A temporary disability

If so, you might be able to obtain **service credit** for work time missed while you were on leave.

**Service credit for military service**
If you left your position for uniformed military service, you might be eligible to receive service credit for that period of military service.

To qualify, you must:
- Apply for a position with the same TRS employer within 90 days of receiving an honorable discharge
- Pay the contributions within five years of returning to employment or before you retire, whichever comes first; contributions might not be required if your military service occurred during certain periods of war

If you become totally incapacitated as a result of serving in the United States military, you (or your surviving spouse or children, in the case of your death) can apply for military service credit without your return to employment. Read **Plans 2 and 3 Military Service Credit** for more information.

**Service credit for an unpaid, authorized leave of absence**
You could be able to earn up to two years of service credit for an unpaid leave of absence that your employer authorized.

To do so, you must:
- Return to work in a TRS-covered position
- Pay your contributions with interest as well as your employer’s contributions with interest for the period of time you were on leave

You must complete payment within five years of returning to employment or before you retire, whichever comes first.

Find out more by reading **Plan 3 Recovery of Withdrawn or Optional Service Credit**.

**Disability before retirement**
In some cases, you can obtain **service credit** for work time missed while you were on leave for a temporary disability.

If you become totally incapacitated and leave your job as a result, you might be eligible for a disability retirement benefit. To find out more, read **Disability Benefits** or call us for information.

**Death before retirement**
If you are vested and die before you retire, your surviving spouse or registered **domestic partner** (or the guardian of your minor children), will receive a **defined benefit** payment calculated as if you had chosen a 100% survivor benefit (see Option 2 on page 15 in the “Ready to retire” section of this handbook) and retired the first of the month following the date of your death. The benefit will be reduced based on life expectancy factors for each year between the date of your death and the date you would have turned age 65.

If your surviving spouse or partner dies while receiving the benefit, your minor children will receive the benefit that was being paid to your survivor. The benefit will be divided equally among the children, and each will receive their portion until reaching age 18.

Regarding your **defined contribution** portion of your benefit, your beneficiary will have the right to choose one of the following options:
- Take payment in a lump sum cash distribution.
- Set up a scheduled payment plan.
- Roll over your defined contribution account into an eligible retirement account.

**Death after retirement**
If you die after you begin a service or disability retirement, your survivor could be eligible to receive a defined benefit, depending on the retirement option you chose.
Approaching retirement

Retirement planning checkup

Consider taking time to check in on your retirement planning. Have you analyzed how much you will need and how much you will have in retirement? Has anything in your plan changed? Have you joined the state’s Deferred Compensation Program (DCP) or another supplemental savings program?

Things to consider:

- Identify your retirement lifestyle goals. Will you want to travel the world or stay close to home? Different lifestyle choices can mean different financial goals.
- Take care of your health. The cost of medical care can be one of the largest expenses you incur in retirement. Getting regular checkups now and maintaining a healthy lifestyle can have an impact on what those costs will be when you retire.
- Pay down debt. Debt lessens the money you have available to save. Paying off debt while you’re still generating a paycheck will affect how much you have to save and give you greater flexibility in retirement.

- Sign up for DCP or another similar savings vehicle. (It’s never too late to get started.) If you’re already saving with DCP or another plan, consider increasing your contribution amount. Making even a small increase can make a big difference over the long run. Use the calculator on the DCP website to see the impact different contribution amounts could have. Here’s an important tip: If you’re age 50 or older, the IRS allows a higher contribution limit, which enables you to save even more in your DCP account if you choose.

These questions are key as you approach retirement.

- How much income will you need in retirement?
- What will your monthly benefit be?
- How will your benefit change if you work past age 65 or you decide to retire early?
- Will you want to increase your benefit by purchasing additional service credit?
- What other income will you have available to you in retirement?

This section can help you find the answers. If you haven’t already signed up for an online account, consider doing so. With this account, you can calculate your benefit using different scenarios and your individual account information.

Service retirement

Plan 3 has two parts: a defined benefit and a defined contribution. During retirement, you could receive two checks — one from each part. The defined benefit (pension) guarantees payments for life. The defined contribution (investments) payments are made until the account balance is exhausted; unless the annuity option is chosen and in that case, payments can be guaranteed for life.
If you are vested, you are eligible to retire when you turn age 65. This formula will be used to calculate your monthly defined benefit:

\[
1\% \times \text{service credit years} \times \text{AFC} = \text{monthly benefit}
\]

AFC is the average of your 60 consecutive highest paid service credit months. Any severance pay or lump sum payment for unused sick leave or vacation/annual leave is not included.

**Example**

**Defined benefit service retirement**

If you retire at age 65 with 20 years of service credit and a monthly Average Final Compensation of $3,700, your monthly defined benefit is $740 each month, calculated as:

\[
1\% \times 20 \times 3,700 = 740
\]

If your monthly benefit is less than $209.38 (as of January 2021), you can choose to take a lump sum retirement benefit. (It's likely that only a member who retires early on disability or as a **dual member** would receive this type of payment.) If you receive a lump sum payment, you are considered retired from TRS.

You will also receive your defined contribution. It consists of your contributions and their earnings. Your payment will be based on your account balance and the payment option you select. Those options include lump-sum, rollover, installments and/or annuity.

For more information, visit [Plan 3 Withdrawals](https://www.drs.wa.gov/plans/plan3withdrawals).

**Purchasing public education experience to meet retirement requirements**

If you’re an active member with at least two years of TRS service credit, you may buy up to seven years of public education experience earned as a teacher in another U.S. state or with the U.S. federal government to qualify for retirement. This service credit is used in the calculation of your benefit.

**Using out-of-state service credit to qualify for early or normal retirement**

If you’re a vested member who earned service credit in an out-of-state retirement system that covers teachers, you may use that credit to qualify for early retirement. No cost and no limit apply to how much out-of-state service credit you may use. Your retirement benefit will be based only on your Washington state service credit; out-of-state service credit isn’t used in the calculation of your benefit.

For more information, read [Using Service Credit Earned Outside the Washington State Teachers’ Retirement System](https://www.drs.wa.gov/plans/outofstatecredit).

**Using sick leave to qualify for retirement**

You may use up to 45 days of unused sick leave to help you qualify for retirement. Sick leave not cashed out by your employer may be converted into a maximum of two months of service credit. However, this service credit isn’t used in the calculation of your benefit. It can only be used to qualify for retirement.
Early retirement

Any retirement before age 65 is an **early retirement**. If you retire early, your benefit will be reduced to reflect that you will be receiving it over a longer period of time. Your benefit depends on how much service credit you have earned, your age and the Early Retirement Factor (ERF) applied.

<table>
<thead>
<tr>
<th>Retirement age</th>
<th>At least 10 years of service credit*</th>
<th>30 years or more of service credit (prorated monthly)</th>
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<tbody>
<tr>
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* The 10-year ERFs are subject to change based on State Actuary figures. To review the factors in detail, visit the complete table online.

If you have at least 10 service credit years, you can retire at or after age 55 with a reduced benefit.

If you have 30 or more years of service credit, there’s still a reduction to your benefit, but it will be less. You can retire at or after age 55 under one of two provisions:

- You can choose to have your benefit reduced by 3% for each year (prorated monthly) before age 65.
- Using the 2008 ERFs, you can choose a smaller (or no) reduction to your benefit, but you accept stricter rules on returning to work in Washington state public service. If you accept this ERF option, your pension will be stopped if you return to public service. It won’t restart again until you leave employment or reach age 65.

The early retirement rules are different for members who are first hired into eligible positions on or after May 1, 2013. At age 55 with 30 years of service credit, your benefit will be reduced by 5% for each year (prorated monthly) before age 65. Thinking About Retiring Early? offers in-depth information on what you’ll need to know if you are thinking about retiring early.
Retiring as a dual member

If you are a member of more than one Washington state retirement system, you are a dual member. You can combine service credit earned in all dual member systems to become eligible for retirement. However, your retirement benefit will be calculated using only the service credit earned in each system.

In most cases, your monthly benefit will be based on the highest base salary you earned, regardless of which system you earned it in. Base salary includes your wages and overtime and can include other cash payments if those payments are included as base salary in all the retirement systems you are retiring from.

**Example**

*Dual member*

If you retire at age 65 with three years of service credit from TRS Plan 3 and four from the Public Employees’ Retirement System (PERS) Plan 3, you are a dual member. Without dual membership, your service wouldn’t be eligible for a monthly benefit from either system. With dual membership, your service credit is combined, giving you enough to retire. Your benefit from each system is calculated with service from that system alone. This is how your benefit is calculated:

\[
1% \times 3 \text{ (TRS service credit years)} \times \text{Average Final Compensation (AFC)} = \text{TRS benefit} \\
1% \times 4 \text{ (PERS service credit years)} \times \text{AFC} = \text{PERS benefit} \\
\text{TRS benefit + PERS benefit = total monthly benefit}
\]

For more information, read the [Dual Membership](#) webpage.

Estimating your benefit

If you are within five years of retirement, we encourage you to review your online account and use the online benefit estimator to determine how much your benefit might be. You can use this estimator at any point in your career.

If you expect to retire within the next year, contact us through your online account or call to request a written estimate of your benefit.

**Annuity options**

An annuity is a guaranteed income plan you purchase. When retiring, TRS Plan 3 members have three available annuities.

**TAP Annuity:** The Total Allocation Portfolio or TAP annuity is exclusively available to Plan 3 members. You can use your Plan 3 contributions to purchase this annuity.

**TRS Plan annuity:** With this annuity, the retirement benefit increase you receive is based on the dollar amount you choose to purchase. There are no minimum or maximum purchase amounts. Estimate the monthly retirement income increase through the “Purchase an Annuity” calculator in your online account.

**Service credit annuity:** This annuity allows you to add up to 60 months to your service in the final pension calculation. Purchased service credit does not actually increase the number of years you’ve worked and won’t help you qualify for retirement, but it can make a big impact when it comes to your pension benefit! Estimate the monthly retirement income increase as well as the annuity cost through the “Purchasing Service” calculator in your online account. So how do you fund this annuity? Many members use their DCP savings account.

For more information about these annuities, see [DRS annuities](#).
Ready to retire

Applying for retirement online
To apply online, go to your online account and either sign up for or log in to your account.

The online retirement application will be available for you once your formal estimate has been completed. It will display only what you need based on your retirement system, plan and retirement eligibility rules. Follow the step-by-step instructions and electronically submit the application to us when you’re ready, including any forms or documents the Retirement Tracker requires.

Applying for retirement on paper
Request a formal estimate. Once the estimate is finished, DRS will send you a retirement application. Submit the completed application with all required signatures and documentation, including proof of age for your survivor if you choose a Survivor Option (see Options 2, 3 and 4).

If you’re purchasing service credit, complete and turn in your Request to Purchase Retirement Service Credit form with your application.

If you’re purchasing an annuity, complete and turn in a Request to Purchase an Annuity form.

Your defined benefit options
When you apply for retirement, you will choose one of four benefit options. Once you retire, you can change your option in only limited, specific circumstances, so choose carefully.

Option 1: Single Life
This option pays the highest monthly amount of the four choices, but it is for your lifetime only. No one will receive an ongoing benefit after you die.

Option 2: Joint and 100% survivor
Your monthly benefit under this option is less than the Single Life Option. But after your death, your survivor will receive the same benefit you were receiving for their lifetime.

Option 3: Joint and 50% survivor
This option applies a smaller reduction to your monthly benefit than Option 2. After your death, your survivor will receive half the benefit you were receiving for their lifetime.

Option 4: Joint and 66.67% survivor
This option applies a smaller reduction to your benefit than Option 2 and a larger reduction than Option 3. After your death, your survivor will receive 66.67% (or roughly two-thirds) of the benefit you were receiving for their lifetime.

You must get consent in certain circumstances
If you are married, legally separated or a registered domestic partner and do not leave a survivor option for your spouse/partner, the law requires their consent to your choice. If their notarized consent is not provided on your retirement application, your benefit will be calculated at Option 3 and they will be the designated survivor.

Health insurance coverage
Ask your employer if you will be eligible for health insurance coverage through the Public Employees Benefits Board (PEBB) once you retire. You can also contact the Health Care Authority at 800-200-1004 or www.hca.wa.gov.

If you receive PEBB coverage, you can delay receiving your retirement benefit and still be eligible for coverage.

If you qualify for continuing coverage, you must meet strict timelines to apply or request a deferral. If you are not entitled to PEBB coverage, you might be eligible for health insurance your employer provides. For more information, contact your employer or HCA.
Federal benefit limit

When you retire, your benefit could be limited if it exceeds the federally allowed amount. It can be adjusted annually for inflation (see the current IRS limits). Members hired before Jan. 1, 1990, have different limits. When we process your benefit estimate, we will notify you if your benefit exceeds the limit.

Few retirement system members should be impacted by this limit. If you think it could impact you, please call us for more information.

Federal tax on your monthly benefit

Most, if not all, of your benefit will be subject to federal income tax. The only exception will be any portion that was taxed before it was contributed. When you retire, we will let you know if any portion of your contributions has already been taxed.

Since most public employers deduct contributions before taxes, it’s likely your entire retirement benefit will be taxable.

At retirement, you must complete and submit a federal W-4P form to let us know how much of your benefit should be withheld for taxes. If you don’t, IRS rules require withholding as if you are married and claiming three exemptions. You can adjust your withholding amount at any time during retirement by completing a new W-4P form or by logging in to your online retirement account.

For each tax year you receive a retirement benefit, we will provide you with a 1099-R form to use in preparing your tax return (see the 1099-R guide). These forms are usually mailed at the end of January for the previous year.

The information is also available through your online account. It is your responsibility to declare the proper amount of taxable income on your income tax return.

Legal actions

In general, your monthly benefit isn’t subject to assignment or attachment. However, it could be subject to court and administrative orders issued under federal law or for spousal maintenance and child support.

You can find more information in Can Legal Action Affect My Retirement Account?

When and how your benefit will be paid

After you retire, your retirement benefit will be paid at the end of each month and directly deposited in your financial institution account. You must enter your banking information in your online retirement account or complete the Direct Deposit Authorization form as part of your paper retirement application.

If you need to change your financial institution once you’ve started your retirement, just update your information in your online account or send us a new authorization form.

In rare cases, if you are unable to receive payment by direct deposit, payment will be mailed at the end of each month.
**Once you retire**

**Cost-of-Living Adjustment (COLA)**

On July 1 of every year following your first full year of retirement, your monthly benefit will be adjusted to a maximum of 3% per year, as determined by the [Consumer Price Index](https://www.bls.gov/).  

**Working after retirement**

If you return to public service in Washington state after you retire, your benefit could be affected, depending on the position and number of hours you work.

In certain circumstances, you might be required to become a member of, and pay contributions to, another retirement system. You might be able to work limited hours with no impact to your benefit. If you retire early under provisions put in place in 2008 (see “Early retirement” on page 13), your benefit could be stopped if you return to public service.

If you think you might be returning to work after retirement, call us to see if your benefit will be affected. Consider reviewing [Thinking About Working After Retirement?](https://www.wa.gov/trs)

**Benefit overpayments or underpayments**

If you ever receive an overpayment of your monthly benefit, you are required to repay it. If we discover your benefit has been underpaid, we will correct the error and award you a retroactive payment, if applicable.

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**Changing a benefit option or survivor after you retire**

Once you retire, you may change your benefit option or survivor in the following circumstances only:

- If you name someone other than your spouse to receive your survivor benefit, you can change to an Option 1 (no survivor) benefit at any time after retirement.
- If you choose a Survivor Option (Option 2, 3 or 4) and your named survivor dies before you do, your monthly benefit can be adjusted to the higher Option 1 payment level. Be sure to notify us to begin this change.
- If you marry or remarry after retirement and remain married for at least one year, you might be able to change your benefit option and provide a survivor benefit for your new spouse. To qualify for this opportunity, you must request the change during your second year of marriage. Contact us for estimates on how this will affect your monthly benefit. Also, be aware that this opportunity might not be available if a court-ordered property division has impacted your benefit.
- If you re-enter TRS membership and earn 24 months of uninterrupted service credit, you can choose a different Survivor Option when you retire again.
Glossary of terms

**Average Final Compensation (AFC):** The monthly average of your 60 consecutive highest paid service credit months. Your Average Final Compensation is used in determining your monthly benefit.

**Beneficiary:** The person(s), estate, organization or trust you have designated to receive any benefit payable upon your death. Your beneficiary must have a federal tax identification number or a Social Security number.

**Cost-of-Living Adjustment (COLA):** On July 1 of every year following your first full year of retirement, your monthly benefit will be adjusted to reflect the percentage change in the Consumer Price Index — to a maximum of 3% per year.

**Defined benefit:** A retirement plan in which your benefit is based on a formula rather than an account balance. The formula provides a monthly benefit based on your years of service and your Average Final Compensation.

**Defined contribution:** A benefit that consists solely of the money you contribute and any investment gains, losses or expenses applied to your account.

**Domestic partner:** In a registered domestic partnership, both individuals have met the state’s legal requirements and registered their partnership with the Secretary of State’s Office or another jurisdiction. Contact the Secretary of State’s Office if you have questions about the requirements. Registered domestic partners have the same survivor and death benefits as married spouses. However, differences could occur in how taxes are handled at the federal level.

**Dual member:** You are a dual member if you have established membership in more than one Washington state retirement system, including First Class City retirement systems for Seattle, Spokane and Tacoma, but excluding Plan 1 of the Law Enforcement Officers’ and Fire Fighters’ Retirement System.

**Early retirement:** Retiring before age 65.

**Membership status:** The status of your retirement membership. This can be:
- Active, which means you are currently employed in a position covered by one of the state retirement systems
- Inactive, which means you no longer are actively contributing to the state retirement system and have not withdrawn your contributions after leaving employment (which might leave you eligible to receive a benefit once you reach retirement age)
- Withdrawn, which means you were employed in a position covered by one of the state retirement systems and you withdrew your contributions after leaving employment

**Reduced benefit:** A benefit that has been decreased by a factor provided by the Office of the State Actuary. A benefit is reduced in two situations: when you retire early or you retire and select a Survivor Option (which pays a benefit to your survivor after your death).

**Service credit:** The credit you receive each month for working in a position covered by one of the state retirement systems. Service credit is used to determine your eligibility for retirement and your benefit amount.

**Survivor:** The individual you choose — when picking Option 2, 3 or 4 at retirement — to receive benefit payments after your death.

**System/plan:** The retirement system and plan in which you are a member.

**Vested:** You have earned the right to receive a retirement benefit once you reach an eligible age.
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